

## NAVIGATION SERVICES

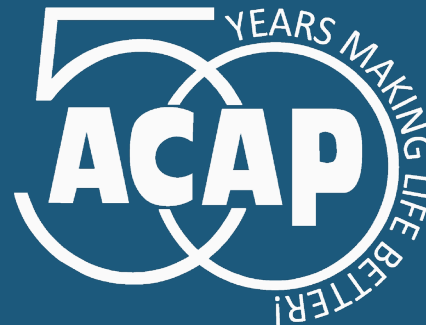
ACAP Navigators are available for individuals and families. Our navigators work with clients on overcoming challenges and help to identify pathways to achieving their goals. Navigators work alongside individuals and families offering guidance and support along the way.

Navigators can assist with things like:

- Obtaining a State ID
- Completing Applications for housing, MaineCare and SNAP
- Connecting with Case Management Services



If you would like to volunteer or your business wants to support the center;  
Contact Theresa Dow-O'Leary:  
[tdow@acap-me.org](mailto:tdow@acap-me.org)  
207.554.4148



Aroostook County  
Action Program, leads or  
collaborates to provide  
services that support,  
empower and improve lives.

Aroostook County Action Program  
[info@acap-me.org](mailto:info@acap-me.org)  
207-764-3721



[WWW.ACAP-ME.ORG](http://WWW.ACAP-ME.ORG)



Aroostook County Action Program

**Hope & Prosperity  
Resource Center**

**1 EDMONT DRIVE  
PRESQUE ISLE, ME**

**207.764.3721 EXT. 7**

A PLACE WITH A PURPOSE



## ACCESSIBLE

The Center is located on Edgemont Drive in Presque Isle, Center hours are Monday thru Friday from 9 am to 3 pm. Coaches and Navigators are available to assist clients as little or as much as needed.

If transportation is a barrier to accessing services, contact the center at 207.764.3721 ext. 7.

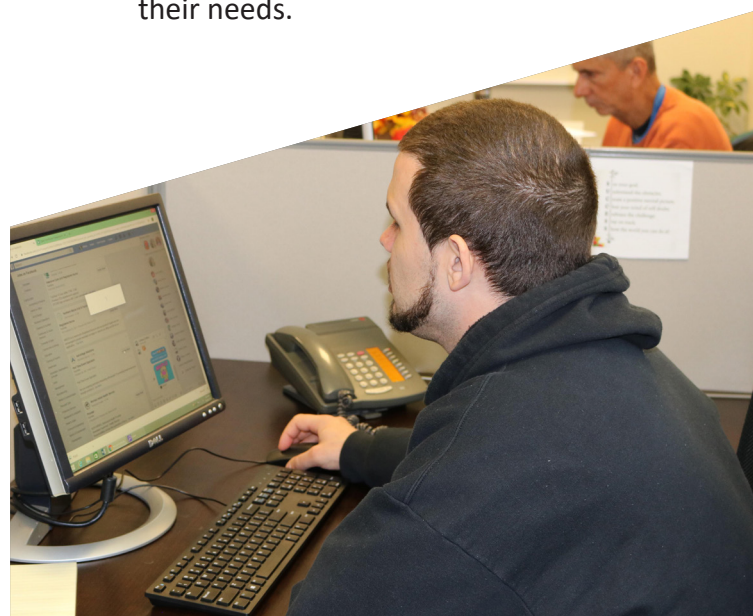
## CUSTOMIZED PLANS

The ACAP Hope and Prosperity Center brings together, in one space, same day access to all of ACAP's programs.

- Family Coaching
- Recovery Coaching
- Individual Coaching
- Housing Assistance
- Preventative Health Services
- Computer & Phone Access
- Meeting Rooms
- Employment Counseling
- Navigation Services

## A PLACE WITH A PURPOSE

A warm, safe and inviting space for individuals and families to work on their individualized goals. A coach works with people interested in creating a plan that is customized to their needs.



## WHAT IS A COMPREHENSIVE SERVICE DELIVERY APPROACH?

Our entire team is committed to a comprehensive service delivery approach. That means that our clients are connected to all of the programs and services that they need! We offer more than 40 programs and services in the areas of:



**Early Care and Education** is comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development programs.



**Energy and housing** keeps people warm and safe in their homes with a variety of programs that offer education or assistance in the areas of heating, energy efficiency, home purchase, repair and assistance for those facing foreclosure or eviction.



**Prevention & Wellness** builds a stronger, healthier community by partnering with local and statewide organizations to offer prevention services that focus on nutrition, oral health, substance misuse, tobacco and obesity.



**Workforce Development** provides resources to assist individuals and families reach their goals. Our team provides the supports and resources to help achieve economic stability and sustainability.