



## 2019 Report of Services for the Community of *Allagash (Inc. Dickey)*

### *By the numbers...*

**92**

number of occasions **ACAP provided services**  
to **Allagash (Inc. Dickey)** residents in 2019

**\$50,615.53**

total invested in supporting individuals and families  
in **Allagash (Inc. Dickey)**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Allagash (Inc. Dickey) as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Allagash (Inc. Dickey) as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
1 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* child	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
2 households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$573.80
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Allagash (Inc. Dickey) as follows:

		<i>Investment:</i>
11 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$1,879.57
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.08
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
2 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$16
1 individual	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$77

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Allagash (Inc. Dickey) as follows:

*Investment:*

*	had weatherization work and central heating improvements completed	*
households		
*	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	*
households		
1	had repair work completed on their home to ensure they could live safely	\$170.00
household		
37	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$35,656.00
households		
5	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$1,932.85
households		
30	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$9,393.60
households		
*	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
individuals		
*	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
individuals		
*	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*
households		

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

Although the overall units of service and total dollars invested figures on the front page represent the overall cumulative numbers for your community, this report does not include all of the individual programs ACAP administers that benefit your community. All of our services are reflected in our 2020 Directory of Services.



## 2019 Report of Services for the Community of *Amity (Inc. Cary)*

### *By the numbers...*

**98**

number of occasions **ACAP provided services**  
to **Amity (Inc. Cary)** residents in 2019

**\$79,982.00**

total invested in supporting individuals and families  
in **Amity (Inc. Cary)**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Amity (Inc. Cary) as follows:

		<i>Investment:</i>
1 individual	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$2,840.41
1 individual	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$3,005.05
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
1 woman	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	\$4,990.00

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*





## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Amity (Inc. Cary) as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
2 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
2 households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$617.86
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Amity (Inc. Cary) as follows:

		<i>Investment:</i>
10 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$1,708.70
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.00
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
1 individual	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$77

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Amity (Inc. Cary) as follows:

*Investment:*

* households	had weatherization work and central heating improvements completed	*
* households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	*
1 household	had repair work completed on their home to ensure they could live safely	\$11,625.00
43 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$41,268.00
4 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$1,067.87
29 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$9,080.48
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

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## 2019 Report of Services for the Community of *Ashland (Inc. Sheridan)*

*By the numbers...*

**1452**

number of occasions **ACAP provided services**  
to **Ashland (Inc. Sheridan)** residents in 2019

**\$246,895.65**

total invested in supporting individuals and families  
in **Ashland (Inc. Sheridan)**  
between October 1, 2018 and September 30, 2019

### ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Ashland (Inc. Sheridan) as follows:

		<i>Investment:</i>
10 individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$28,404.10
3 individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$9,015.15
2 individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$7,282.82
2 women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	\$9,980.00

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Ashland (Inc. Sheridan) as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
28 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
22 children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	\$43,893.30
2 households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$418.90
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Ashland (Inc. Sheridan) as follows:

		<i>Investment:</i>
36 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$6,151.32
29 children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	\$1,528
42 children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	\$1,348
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.00
14 individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	\$595.00
600 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$4,800
1 individual	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$77

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program.

Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Ashland (Inc. Sheridan) as follows:

*Investment:*

2 households	had weatherization work and central heating improvements completed	\$14,714.16
2 households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$996.81
1 household	had repair work completed on their home to ensure they could live safely	\$7,440.00
82 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$62,396.00
6 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$2,042.38
62 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$19,413.44
1 individual	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	\$66.22
1 individual	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	\$957.45
2 households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	\$534.76

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## 2019 Report of Services for the Community of **Bancroft** (Inc. Glenwood Plt., Upper Molunkus)

### By the numbers...

**36**

number of occasions **ACAP provided services** to **Bancroft (Inc. Glenwood Plt., Upper Molunkus)** residents in 2019

**\$26,576.24**

total invested in supporting individuals and families in **Bancroft (Inc. Glenwood Plt., Upper Molunkus)** between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Bancroft (Inc. Glenwood Plt., Upper Molunkus) as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*





## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Bancroft (Inc. Glenwood Plt., Upper Molunkus) as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
* children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Bancroft (Inc. Glenwood Plt., Upper Molunkus) as follows:

		<i>Investment:</i>
8 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$1,366.96
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.00
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Bancroft (Inc. Glenwood Plt., Upper Molunkus) as follows:

		<i>Investment:</i>
1 household	had weatherization work and central heating improvements completed	\$7,444.30
* households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	*
* households	had repair work completed on their home to ensure they could live safely	*
13 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$13,642.00
3 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$1,199.90
9 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$2,818.08
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

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## 2019 Report of Services for the Community of *Benedicta (Inc. Monarda)*

*By the numbers...*

**19**

number of occasions **ACAP provided services**  
to **Benedicta (Inc. Monarda)** residents in 2019

**\$14,718.21**

total invested in supporting individuals and families  
in **Benedicta (Inc. Monarda)**  
between October 1, 2018 and September 30, 2019

### ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure  
employment and partnering with Business to support  
their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Benedicta (Inc. Monarda) as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Benedicta (Inc. Monarda) as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
2 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
1 household	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	259.9
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*



# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Benedicta (Inc. Monarda) as follows:

		<i>Investment:</i>
3 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$512.61
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.00
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Benedicta (Inc. Monarda) as follows:

*Investment:*

*	had weatherization work and central heating improvements completed	*
households		
*	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	*
households		
*	had repair work completed on their home to ensure they could live safely	*
households		
5	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$5,776.00
households		
*	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	*
households		
4	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$1,252.48
households		
*	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
individuals		
1	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	\$957.45
individual		
*	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*
households		

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

Although the overall units of service and total dollars invested figures on the front page represent the overall cumulative numbers for your community, this report does not include all of the individual programs ACAP administers that benefit your community. All of our services are reflected in our 2020 Directory of Services.



## 2019 Report of Services for the Community of *Blaine (Inc. E Plt., Robinson)*

### *By the numbers...*

**186**

number of occasions **ACAP provided services** to **Blaine (Inc. E Plt., Robinson)** residents in 2019

**\$68,205.88**

total invested in supporting individuals and families in **Blaine (Inc. E Plt., Robinson)** between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Blaine (Inc. E Plt., Robinson) as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
1 individual	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$3,005.05
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

*Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...*

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Blaine (Inc. E Plt., Robinson) as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
3 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
1 children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	\$1,995.15
1 household	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$273.90
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Blaine (Inc. E Plt., Robinson) as follows:

		<i>Investment:</i>
21 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$3,588.27
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.00
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
90 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$720
2 individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$153

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.





## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Blaine (Inc. E Plt., Robinson) as follows:

*Investment:*

*	had weatherization work and central heating improvements completed	*
3 households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$13,042.44
*	had repair work completed on their home to ensure they could live safely	*
28 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$31,407.00
4 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$514.50
23 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$7,201.76
5 individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	\$331.10
1 individual	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	\$957.45
*	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

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# 2019 Report of Services for the Community of *Bridgewater*

## By the numbers...

**276**

number of occasions **ACAP** provided services to **Bridgewater** residents in 2019

**\$104,931.37**

total invested in supporting individuals and families in **Bridgewater** between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Bridgewater as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Bridgewater as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
1 household	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$328.90
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Bridgewater as follows:

17 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	<i>Investment:</i> \$2,904.79
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
30 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$1,576.20
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
65 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$520
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Bridgewater as follows:

*Investment:*

* households	had weatherization work and central heating improvements completed	*
* households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	*
2 households	had repair work completed on their home to ensure they could live safely	\$60,167.00
32 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$29,954.00
* households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	*
29 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$9,080.48
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

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## 2019 Report of Services for the Community of *Caribou (Inc. Connor)*

### *By the numbers...*

**2910**

number of occasions **ACAP provided services**  
to **Caribou (Inc. Connor)** residents in 2019

**\$1,725,029.32**

total invested in supporting individuals and families  
in **Caribou (Inc. Connor)**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Caribou (Inc. Connor) as follows:

		<i>Investment:</i>
16 individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$45,446.56
9 individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$27,045.45
2 individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$7,282.82
8 women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	\$39,920.00

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Caribou (Inc. Connor) as follows:

25 families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	<i>Investment:</i> \$332,250.00
19 families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	\$256,196.00
19 children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	\$58,539.00
6 children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	\$67,741.92
81 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	\$58,539.00

## WHOLE FAMILY & INTERVENTION SERVICES

14 children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	<i>Investment:</i> \$27,932.10
16 households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$4,440.25
4 households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	\$643.84

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Caribou (Inc. Connor) as follows:

		<i>Investment:</i>
214 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$36,566.18
278 children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	\$14,648
89 children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	\$2,857
10 individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	\$3,343
262 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$13,765.48
92 individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	\$3,908.00
189 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$1,512
21 individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$1,609

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Caribou (Inc. Connor) as follows:

		<i>Investment:</i>
6 households	had weatherization work and central heating improvements completed	\$47,675.78
19 households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$35,425.71
4 households	had repair work completed on their home to ensure they could live safely	\$55,941.00
570 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$394,404.00
42 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$14,634.38
372 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$116,480.64
30 individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	\$1,986.60
4 individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	\$3,829.80
1 household	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	\$270.24

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# 2019 Report of Services for the Community of Castle Hill

## By the numbers...

**193**

number of occasions **ACAP provided services**  
to **Castle Hill** residents in 2019

**\$75,656.27**

total invested in supporting individuals and families  
in **Castle Hill**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Castle Hill as follows:

1 individual	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	<i>Investment:</i> \$2,840.41
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*





## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Castle Hill as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
6 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
1 children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	\$1,995.15
1 household	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$339.90
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Castle Hill as follows:

4 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	<i>Investment:</i> \$683.48
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.00
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
64 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$512
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Castle Hill as follows:

2 households	had weatherization work and central heating improvements completed	<i>Investment:</i> \$7,342.94
3 households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$16,916.85
* households	had repair work completed on their home to ensure they could live safely	*
27 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$27,417.00
5 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$1,996.32
25 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$7,828.00
1 individual	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	\$66.22
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

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# 2019 Report of Services for the Community of Caswell

## By the numbers...

**242**

number of occasions **ACAP** provided services to **Caswell** residents in 2019

**\$57,806.92**

total invested in supporting individuals and families in **Caswell** between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Caswell as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
1 woman	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	\$4,990.00

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Caswell as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
* children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
1 household	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$325.00
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*



# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Caswell as follows:

		<i>Investment:</i>
8 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$1,366.96
16 children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	\$843
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
44 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$2,311.76
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
46 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$368
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Caswell as follows:

*Investment:*

* households	had weatherization work and central heating improvements completed	*
* households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	*
* households	had repair work completed on their home to ensure they could live safely	*
36 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$34,523.00
5 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$1,919.96
35 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$10,959.20
* individual	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

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# 2019 Report of Services for the Community of Chapman

## By the numbers...

**173**

number of occasions **ACAP** provided services to **Chapman** residents in 2019

**\$24,564.61**

total invested in supporting individuals and families in **Chapman** between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Chapman as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Chapman as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
7 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
1 children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	\$1,995.15
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Chapman as follows:

9 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	<i>Investment:</i> \$1,537.83
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.00
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
4 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	32.00
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.





## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Chapman as follows:

*Investment:*

*	had weatherization work and central heating improvements completed	*
1 household	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$146.54
*	had repair work completed on their home to ensure they could live safely	*
10 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$9,424.00
*	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	*
10 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$3,131.20
2 individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	\$132.44
1 individual	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	\$957.45
*	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

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# 2019 Report of Services for the Community of *Crystal*

## By the numbers...

**60**

number of occasions **ACAP** provided services to **Crystal** residents in 2019

**\$59,408.32**

total invested in supporting individuals and families in **Crystal** between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Crystal as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Crystal as follows:

2 families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	<i>Investment:</i> \$26,580.00
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
4 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	<i>Investment:</i> *
2 households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$459.90
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Crystal as follows:

10 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	<i>Investment:</i> \$1,708.70
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.00
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
1 individual	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$77

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Crystal as follows:

*Investment:*

* households	had weatherization work and central heating improvements completed	*
* households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	*
* households	had repair work completed on their home to ensure they could live safely	*
20 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$21,280.00
* households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	*
18 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$5,636.16
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
1 household	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	\$313.56

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# 2019 Report of Services for the Community of Cyr Plantation

## By the numbers...

24

number of occasions **ACAP provided services**  
to **Cyr Plantation** residents in 2019

\$20,798.51

total invested in supporting individuals and families  
in **Cyr Plantation**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Cyr Plantation as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Cyr Plantation as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
* children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Cyr Plantation as follows:

5 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	<i>Investment:</i> \$854.35
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.00
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Cyr Plantation as follows:

*Investment:*

* households	had weatherization work and central heating improvements completed	*
1 household	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$5,345.66
* households	had repair work completed on their home to ensure they could live safely	*
7 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$9,063.00
2 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$797.78
6 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$1,878.72
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

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## By the numbers...

**30**

number of occasions **ACAP provided services**  
to **Danforth** residents in 2019

**\$6,460.78**

total invested in supporting individuals and families  
in **Danforth**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Danforth as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*





## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Danforth as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
* children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
1 household	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$263.00
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Danforth as follows:

		<i>Investment:</i>
24 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$4,100.88
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.00
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
1 individual	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$77

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Danforth as follows:

*Investment:*

* households	had weatherization work and central heating improvements completed	*
* households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	*
* households	had repair work completed on their home to ensure they could live safely	*
0 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$ .00
* households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	*
0 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$ .00
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
2 individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	\$1,914.90
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

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# 2019 Report of Services for the Community of Dyer Brook

## By the numbers...

**76**

number of occasions **ACAP provided services**  
to **Dyer Brook** residents in 2019

**\$51,693.82**

total invested in supporting individuals and families  
in **Dyer Brook**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Dyer Brook as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Dyer Brook as follows:

2 families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	<i>Investment:</i> \$26,580.00
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
* children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	<i>Investment:</i> *
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*



# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Dyer Brook as follows:

		<i>Investment:</i>
10 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$1,709.00
21 children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	\$1,106
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.00
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
20 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$160
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Dyer Brook as follows:

*Investment:*

*	had weatherization work and central heating improvements completed	*
2 households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$7,079.10
*	had repair work completed on their home to ensure they could live safely	*
7 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$8,113.00
2 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$796.95
7 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$2,191.84
2 individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	\$132.44
*	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
*	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*
households		

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## 2019 Report of Services for the Community of *Eagle Lake (Inc. Plaisted)*

### *By the numbers...*

**128**

number of occasions **ACAP provided services**  
to **Eagle Lake (Inc. Plaisted)** residents in 2019

**\$69,966.36**

total invested in supporting individuals and families  
in **Eagle Lake (Inc. Plaisted)**  
between October 1, 2018 and September 30, 2019

## **ECONOMIC DEVELOPMENT**

*Helping people gain Skills and Training to secure  
employment and partnering with Business to support  
their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Eagle Lake (Inc. Plaisted) as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Eagle Lake (Inc. Plaisted) as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
1 child	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	\$11,290.32
* children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
2 children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	\$3,990.30
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Eagle Lake (Inc. Plaisted) as follows:

		<i>Investment:</i>
10 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$1,709.00
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.00
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
4 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$32
3 individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$230

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.





## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Eagle Lake (Inc. Plaisted) as follows:

*Investment:*

*	had weatherization work and central heating improvements completed	*
3 households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$2,190.98
*	had repair work completed on their home to ensure they could live safely	*
56 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$36,258.00
4 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$1,597.98
37 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$11,585.44
*	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
1 individual	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	\$957.45
*	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

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## 2019 Report of Services for the Community of *Easton*

### *By the numbers...*

**1735**

number of occasions **ACAP** provided services  
to **Easton** residents in 2019

**\$178,280.83**

total invested in supporting individuals and families  
in **Easton**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure  
employment and partnering with Business to support  
their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Easton as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
1 individual	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$3,641.41
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Easton as follows:

1 family	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	<i>Investment:</i> \$13,290.00
1 family	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	\$13,484.00
2 children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	\$6,162.00
1 child	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	\$11,290.32
24 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	\$6,162.00

## WHOLE FAMILY & INTERVENTION SERVICES

3 children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	<i>Investment:</i> \$5,985.45
2 households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$523.90
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Easton as follows:

		<i>Investment:</i>
27 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$4,613.49
16 children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	\$843
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
5 individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	\$1,670
137 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$7,197.98
63 individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	\$2,676.00
630 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$5,040
2 individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$153

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Easton as follows:

*Investment:*

*	had weatherization work and central heating improvements completed	*
1 households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$134.43
*	had repair work completed on their home to ensure they could live safely	*
56 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$49,824.00
6 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$2,398.55
49 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$15,342.88
3 individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	\$264.88
*	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
*	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

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## 2019 Report of Services for the Community of *Fort Fairfield*

### *By the numbers...*

**2689**

number of occasions **ACAP provided services**  
to **Fort Fairfield** residents in 2019

**\$576,904.55**

total invested in supporting individuals and families  
in **Fort Fairfield**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Fort Fairfield as follows:

		<i>Investment:</i>
5 individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$14,202.05
2 individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$6,010.10
2 individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$7,282.82
2 women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	\$9,980.00

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Fort Fairfield as follows:

5 families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	<i>Investment:</i> \$66,450.00
3 families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	\$40,452.00
6 children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	\$18,486.00
3 children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	\$33,870.96
18 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	\$18,486.00

## WHOLE FAMILY & INTERVENTION SERVICES

7 children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	<i>Investment:</i> \$13,966.05
11 households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$3,198.10
9 households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	\$1,448.64

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Fort Fairfield as follows:

		<i>Investment:</i>
106 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$18,112.22
37 children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	\$1,950
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
28 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$1,471.12
81 individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	\$3,441.00
887 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$7,096
9 individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$690

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Fort Fairfield as follows:

1 household	had weatherization work and central heating improvements completed	<i>Investment:</i> \$5,625.43
11 households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$27,093.02
* households	had repair work completed on their home to ensure they could live safely	*
270 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$190,918.00
18 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$6,148.41
236 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$73,896.32
11 individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	\$728.42
1 individual	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	\$957.45
1 household	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	\$259.24

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## 2019 Report of Services for the Community of *Fort Kent*

### *By the numbers...*

**3371**

number of occasions **ACAP provided services**  
to **Fort Kent** residents in 2019

**\$776,565.23**

total invested in supporting individuals and families  
in **Fort Kent**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Fort Kent as follows:

		<i>Investment:</i>
4 individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$11,361.64
2 individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$6,010.10
1 individual	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$3,641.41
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*





## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Fort Kent as follows:

15 families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	<i>Investment:</i> \$199,350.00
5 families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	\$67,420.00
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
5 children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	\$56,451.60
59 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

9 children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	<i>Investment:</i> \$17,956.35
5 households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$1,298.87
2 households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	\$321.92

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Fort Kent as follows:

		<i>Investment:</i>
75 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$12,815.25
76 children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	\$4,004
76 children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	\$2,440
43 individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	\$14,375
14 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$735.56
184 individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	\$7,816.00
1112 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$8,896
11 individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$843

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Fort Kent as follows:

2 households	had weatherization work and central heating improvements completed	<i>Investment:</i> \$11,154.88
5 households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$10,664.78
2 households	had repair work completed on their home to ensure they could live safely	\$40,758.00
222 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$162,560.00
11 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$4,105.61
182 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$56,987.84
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
1 individual	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	\$957.45
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

Although the overall units of service and total dollars invested figures on the front page represent the overall cumulative numbers for your community, this report does not include all of the individual programs ACAP administers that benefit your community. All of our services are reflected in our 2020 Directory of Services.



# 2019 Report of Services for the Community of **Frenchville** (Inc. Upper Frenchville)

*By the numbers...*

**1362**

number of occasions **ACAP provided services**  
to **Frenchville (Inc. Upper Frenchville)**  
residents in 2019

**\$105,092.36**

total invested in supporting individuals and families  
in **Frenchville (Inc. Upper Frenchville)**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Frenchville (Inc. Upper Frenchville) as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Frenchville (Inc. Upper Frenchville) as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
1 child	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	\$11,290.32
4 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
1 children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	\$1,995.15
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
1 household	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	\$160.96



# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Frenchville (Inc. Upper Frenchville) as follows:

		<i>Investment:</i>
20 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$3,417.40
19 children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	\$1,001
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
10 individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	\$3,343
6 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$315.24
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
607 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$4,856
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Frenchville (Inc. Upper Frenchville) as follows:

*Investment:*

* households	had weatherization work and central heating improvements completed	*
1 household	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$500.00
2 households	had repair work completed on their home to ensure they could live safely	\$18,081.00
42 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$41,688.00
1 household	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$400.00
39 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$12,211.68
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

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## By the numbers...

**29**

number of occasions **ACAP provided services**  
to **Garfield Plantation** residents in 2019

**\$3,731.23**

total invested in supporting individuals and families  
in **Garfield Plantation**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Garfield Plantation as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Garfield Plantation as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
* children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Garfield Plantation as follows:

		<i>Investment:</i>
1 household	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$170.87
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.00
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
20 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$160
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.





## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Garfield Plantation as follows:

*Investment:*

* households	had weatherization work and central heating improvements completed	*
* households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	*
* households	had repair work completed on their home to ensure they could live safely	*
3 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$2,356.00
* households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	*
3 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$939.36
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

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## 2019 Report of Services for the Community of Grand Isle (Inc. Lille)

### By the numbers...

**209**

number of occasions **ACAP provided services**  
to **Grand Isle (Inc. Lille)** residents in 2019

**\$65,030.86**

total invested in supporting individuals and families  
in **Grand Isle (Inc. Lille)**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Grand Isle (Inc. Lille) as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Grand Isle (Inc. Lille) as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
* children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Grand Isle (Inc. Lille) as follows:

		<i>Investment:</i>
13 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$2,221.31
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.00
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
100 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$800
1 individual	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$77

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Grand Isle (Inc. Lille) as follows:

*Investment:*

* households	had weatherization work and central heating improvements completed	*
1 household	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$3,962.62
* households	had repair work completed on their home to ensure they could live safely	*
49 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$42,498.00
1 household	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$282.90
39 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$12,211.68
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
3 individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	\$2,872.35
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

Although the overall units of service and total dollars invested figures on the front page represent the overall cumulative numbers for your community, this report does not include all of the individual programs ACAP administers that benefit your community. All of our services are reflected in our 2020 Directory of Services.



## By the numbers...

**25**

number of occasions **ACAP** provided services to **Hamlin** residents in 2019

**\$12,130.53**

total invested in supporting individuals and families in **Hamlin** between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Hamlin as follows:

		Investment:
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Hamlin as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
* children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Hamlin as follows:

2 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	<i>Investment:</i> \$341.74
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.00
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Hamlin as follows:

*Investment:*

* households	had weatherization work and central heating improvements completed	*
* households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	*
* households	had repair work completed on their home to ensure they could live safely	*
10 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$8,322.00
1 household	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$230.59
10 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$3,131.20
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

Although the overall units of service and total dollars invested figures on the front page represent the overall cumulative numbers for your community, this report does not include all of the individual programs ACAP administers that benefit your community. All of our services are reflected in our 2020 Directory of Services.



## 2019 Report of Services for the Community of **Hammond** (Inc. Dudley, Webbstown)

### *By the numbers...*

**17**

number of occasions **ACAP provided services**  
to **Hammond (Inc. Dudley, Webbstown)**  
residents in 2019

**\$33,332.92**

total invested in supporting individuals and families  
in **Hammond (Inc. Dudley, Webbstown)**  
between October 1. 2018 and September 30. 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure  
employment and partnering with Business to support  
their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Hammond (Inc. Dudley, Webbstown) as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*





## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Hammond (Inc. Dudley, Webbstown) as follows:

1 family	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	<i>Investment:</i> \$13,290.00
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
1 child	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	\$11,290.32
1 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* child	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Hammond (Inc. Dudley, Webbstown) as follows:

		<i>Investment:</i>
2 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$342.00
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.00
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

### *Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...*

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Hammond (Inc. Dudley, Webbstown) as follows:

		<i>Investment:</i>
* households	had weatherization work and central heating improvements completed	*
* households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	*
* households	had repair work completed on their home to ensure they could live safely	*
5 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$5,928.00
* households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	*
5 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$1,565.60
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

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# 2019 Report of Services for the Community of Haynesville

## By the numbers...

**18**

number of occasions **ACAP provided services**  
to **Haynesville** residents in 2019

**\$8,987.71**

total invested in supporting individuals and families  
in **Haynesville**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Haynesville as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Haynesville as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
* children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*



# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Haynesville as follows:

2 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	<i>Investment:</i> \$105.00
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.00
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Haynesville as follows:

*Investment:*

* households	had weatherization work and central heating improvements completed	*
* households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	*
* households	had repair work completed on their home to ensure they could live safely	*
6 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$6,099.00
2 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$799.99
6 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$1,878.72
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

Although the overall units of service and total dollars invested figures on the front page represent the overall cumulative numbers for your community, this report does not include all of the individual programs ACAP administers that benefit your community. All of our services are reflected in our 2020 Directory of Services.

## By the numbers...

**23**

number of occasions **ACAP** provided services to **Hersey** residents in 2019

**\$27,370.21**

total invested in supporting individuals and families in **Hersey** between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Hersey as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Hersey as follows:

1 family	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	<i>Investment:</i> \$13,290.00
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
1 child	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	\$3,081.00
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
* child	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	\$3,081.00

## WHOLE FAMILY & INTERVENTION SERVICES

* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	<i>Investment:</i> *
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Hersey as follows:

4 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	<b>Investment:</b> \$683.48
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.00
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.





## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Hersey as follows:

*Investment:*

* households	had weatherization work and central heating improvements completed	*
* households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	*
* households	had repair work completed on their home to ensure they could live safely	*
7 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$7,619.00
1 household	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$399.89
7 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$2,191.84
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

Although the overall units of service and total dollars invested figures on the front page represent the overall cumulative numbers for your community, this report does not include all of the individual programs ACAP administers that benefit your community. All of our services are reflected in our 2020 Directory of Services.

## By the numbers...

**249**

number of occasions **ACAP provided services**  
to **Hodgdon** residents in 2019

**\$197,988.31**

total invested in supporting individuals and families  
in **Hodgdon**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Hodgdon as follows:

1 individual	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	<i>Investment:</i> \$2,840.41
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Hodgdon as follows:

2 families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	<i>Investment:</i> \$26,580.00
3 families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	\$40,452.00
3 children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	\$9,243.00
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
15 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	\$9,243.00

## WHOLE FAMILY & INTERVENTION SERVICES

* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	<i>Investment:</i>
4 households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$1,246.48
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Hodgdon as follows:

		<i>Investment:</i>
33 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$5,638.71
33 children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	\$1,739
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
6 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$315.24
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
2 individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$153

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Hodgdon as follows:

1 household	had weatherization work and central heating improvements completed	<i>Investment:</i> \$7,715.40
2 households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$5,298.01
* households	had repair work completed on their home to ensure they could live safely	*
62 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$54,874.00
4 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$1,599.89
58 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$18,160.96
2 individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	\$132.44
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

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***Please note:***

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## 2019 Report of Services for the Community of *Houlton*

### *By the numbers...*

**4707**

number of occasions **ACAP provided services**  
to **Houlton** residents in 2019

**\$1,803,566.47**

total invested in supporting individuals and families  
in **Houlton**  
between October 1, 2018 and September 30, 2019

## **ECONOMIC DEVELOPMENT**

*Helping people gain Skills and Training to secure  
employment and partnering with Business to support  
their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Houlton as follows:

		<i>Investment:</i>
10 individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$28,404.10
7 individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$21,035.35
2 individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$7,282.82
3 women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	\$14,972.00

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Houlton as follows:

38 families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	<i>Investment:</i> \$505,020.00
15 families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	\$202,260.00
15 children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	\$46,215.00
7 children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	\$79,032.24
104 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	\$46,215.00

## WHOLE FAMILY & INTERVENTION SERVICES

1 children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	<i>Investment:</i> \$1,995.15
11 households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$2,990.71
3 households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	\$482.88

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Houlton as follows:

		<i>Investment:</i>
265 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$45,280.55
74 children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	\$3,899
107 children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	\$3,435
10 individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	\$3,343
950 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$49,913.00
1071 individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	\$45,496.00
740 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$5,920
19 individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$1,456

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Houlton as follows:

		<i>Investment:</i>
1 household	had weatherization work and central heating improvements completed	\$6,793.55
15 households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$70,615.60
3 households	had repair work completed on their home to ensure they could live safely	\$68,778.00
353 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$254,642.84
22 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$8,098.73
255 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$79,845.60
3 individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	\$264.88
4 individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	\$3,829.80
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

Although the overall units of service and total dollars invested figures on the front page represent the overall cumulative numbers for your community, this report does not include all of the individual programs ACAP administers that benefit your community. All of our services are reflected in our 2020 Directory of Services.



## 2019 Report of Services for the Community of *Island Falls*

### *By the numbers...*

**347**

number of occasions **ACAP provided services**  
to **Island Falls** residents in 2019

**\$293,932.06**

total invested in supporting individuals and families  
in **Island Falls**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure  
employment and partnering with Business to support  
their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Island Falls as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*





## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Island Falls as follows:

12 families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	<i>Investment:</i> \$159,480.00
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
3 children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	\$33,870.96
13 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	<i>Investment:</i> *
3 households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$608.74
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Island Falls as follows:

26 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	<i>Investment:</i> \$4,442.62
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
21 children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	\$674
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.08
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
52 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$416
3 individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$230

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Island Falls as follows:

1 household	had weatherization work and central heating improvements completed	<i>Investment:</i> \$9,699.56
* households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	*
* households	had repair work completed on their home to ensure they could live safely	*
47 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$47,438.00
3 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$1,189.71
35 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$10,959.20
2 individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	\$132.44
1 individual	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	\$957.45
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

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## 2019 Report of Services for the Community of *Limestone*

### *By the numbers...*

**995**

number of occasions **ACAP** provided services to **Limestone** residents in 2019

**\$592,451.11**

total invested in supporting individuals and families in **Limestone** between October 1, 2018 and September 30, 2019

## **ECONOMIC DEVELOPMENT**

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Limestone as follows:

		<i>Investment:</i>
2 individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$5,680.82
2 individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$6,010.10
1 individual	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$3,641.41
2 women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	\$9,980.00

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Limestone as follows:

12 families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	<i>Investment:</i> \$159,480.00
12 families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	\$161,808.00
5 children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	\$15,405.00
4 children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	\$45,161.28
2 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	\$15,405.00

## WHOLE FAMILY & INTERVENTION SERVICES

3 children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	<i>Investment:</i> \$5,985.45
5 households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$1,167.45
2 households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	\$321.92



# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Limestone as follows:

		<i>Investment:</i>
62 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$10,593.94
37 children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	\$1,950
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
12 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$630.48
16 individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	\$680.00
255 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$2,040
3 individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$230

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Limestone as follows:

*Investment:*

households	* had weatherization work and central heating improvements completed	*
1 household	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$185.54
1 household	had repair work completed on their home to ensure they could live safely	\$36,000.00
109 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$80,617.00
12 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$4,365.54
91 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$28,493.92
3 individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	\$264.88
3 individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	\$2,872.35
1 household	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	\$272.00

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***Please note:***

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## By the numbers...

**211**

number of occasions **ACAP** provided services  
to **Linneus** residents in 2019

**\$266,382.95**

total invested in supporting individuals and families  
in **Linneus**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure  
employment and partnering with Business to support  
their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Linneus as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Linneus as follows:

6 families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	<i>Investment:</i> \$79,740.00
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
2 children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	\$6,162.00
1 child	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	\$11,290.32
12 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	\$6,162.00

## WHOLE FAMILY & INTERVENTION SERVICES

* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	<i>Investment:</i> *
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
1 household	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	\$160.96

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Linneus as follows:

26 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	<i>Investment:</i> \$4,442.62
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
24 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$1,260.96
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
1 individual	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$77

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.





## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Linneus as follows:

*Investment:*

*	had weatherization work and central heating improvements completed	*
8 households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$11,618.81
3 households	had repair work completed on their home to ensure they could live safely	\$63,128.00
61 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$57,274.00
9 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$2,992.11
56 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$17,534.72
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
1 individual	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	\$957.45
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

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***Please note:***

Although the overall units of service and total dollars invested figures on the front page represent the overall cumulative numbers for your community, this report does not include all of the individual programs ACAP administers that benefit your community. All of our services are reflected in our 2020 Directory of Services.



# 2019 Report of Services for the Community of *Littleton*

## By the numbers...

**148**

number of occasions **ACAP** provided services to **Littleton** residents in 2019

**\$119,433.12**

total invested in supporting individuals and families in **Littleton** between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Littleton as follows:

		<i>Investment:</i>
1 individual	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$2,840.41
1 individual	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$3,005.05
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Littleton as follows:

1 family	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	<i>Investment:</i> \$13,290.00
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
6 children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	\$18,486.00
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
9 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	\$18,486.00

## WHOLE FAMILY & INTERVENTION SERVICES

* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	<i>Investment:</i> *
2 households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$498.90
1 household	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	\$160.96

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Littleton as follows:

15 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	<i>Investment:</i> \$2,563.05
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.00
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
1 individual	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$77

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Littleton as follows:

*Investment:*

* households	had weatherization work and central heating improvements completed	*
3 households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$5,143.51
* households	had repair work completed on their home to ensure they could live safely	*
52 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$45,012.00
7 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$2,339.07
45 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$14,090.40
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
1 household	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	\$283.00

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

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## 2019 Report of Services for the Community of *Ludlow*

### *By the numbers...*

**74**

number of occasions **ACAP provided services**  
to **Ludlow** residents in 2019

**\$97,772.59**

total invested in supporting individuals and families  
in **Ludlow**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure  
employment and partnering with Business to support  
their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Ludlow as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
1 individual	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$3,005.05
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
1 woman	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	\$4,990.00

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Ludlow as follows:

3 families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	<i>Investment:</i> \$39,870.00
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
1 child	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	\$11,290.32
9 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	<i>Investment:</i> *
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Ludlow as follows:

16 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	<i>Investment:</i> \$2,733.92
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.00
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Ludlow as follows:

*Investment:*

*	had weatherization work and central heating improvements completed	*
2 households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$5,072.13
*	had repair work completed on their home to ensure they could live safely	*
18 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$15,941.00
1 household	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$399.91
16 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$5,009.92
2 individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	\$132.44
2 individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	\$1,914.90
*	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

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# 2019 Report of Services for the Community of Macwahoc

## By the numbers...

23

number of occasions **ACAP provided services**  
to **Macwahoc** residents in 2019

\$12,235.92

total invested in supporting individuals and families  
in **Macwahoc**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Macwahoc as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*





## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Macwahoc as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
* children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Macwahoc as follows:

		<i>Investment:</i>
0 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$ .00
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.00
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Macwahoc as follows:

*Investment:*

* households	had weatherization work and central heating improvements completed	*
* households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	*
* households	had repair work completed on their home to ensure they could live safely	*
9 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$8,113.00
3 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$1,199.84
9 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$2,818.08
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

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## 2019 Report of Services for the Community of **Madawaska (Inc. St. David)**

*By the numbers...*

**1956**

number of occasions **ACAP provided services**  
to **Madawaska (Inc. St. David)** residents in 2019

**\$546,801.31**

total invested in supporting individuals and families  
in **Madawaska (Inc. St. David)**  
between October 1, 2018 and September 30, 2019

### **ECONOMIC DEVELOPMENT**

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Madawaska (Inc. St. David) as follows:

		<i>Investment:</i>
<b>* individuals</b>	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	<b>*</b>
2 individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$6,010.10
4 individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$14,565.64
1 woman	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	\$4,990.00

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Madawaska (Inc. St. David) as follows:

5 families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	<i>Investment:</i> \$66,450.00
4 families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	\$53,936.00
1 child	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	\$3,081.00
4 children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	\$45,161.28
* child	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	\$3,081.00

## WHOLE FAMILY & INTERVENTION SERVICES

21 children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	<i>Investment:</i> \$41,898.15
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
1 household	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	\$160.96



# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Madawaska (Inc. St. David) as follows:

		<i>Investment:</i>
72 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$12,302.64
24 children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	\$1,265
68 children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	\$2,183
10 individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	\$3,343
23 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$1,208.42
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
618 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$4,944
5 individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$383

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Madawaska (Inc. St. David) as follows:

*Investment:*

*	had weatherization work and central heating improvements completed	*
7 households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$2,706.21
2 households	had repair work completed on their home to ensure they could live safely	\$37,720.00
252 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$175,390.00
10 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$3,688.36
193 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$60,432.16
9 individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	\$595.98
2 individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	\$1,914.90
*	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

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# 2019 Report of Services for the Community of Mapleton

## By the numbers...

**1183**

number of occasions **ACAP** provided services to **Mapleton** residents in 2019

**\$189,569.96**

total invested in supporting individuals and families in **Mapleton** between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Mapleton as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Mapleton as follows:

1 family	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	<i>Investment:</i> \$13,290.00
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
1 child	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	\$3,081.00
1 child	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	\$11,290.32
47 child	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	\$3,081.00

## WHOLE FAMILY & INTERVENTION SERVICES

1 children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	<i>Investment:</i> \$1,995.15
3 households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$819.75
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Mapleton as follows:

		<i>Investment:</i>
26 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$4,442.62
162 children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	\$8,536
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
37 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$1,943.98
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
340 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$2,720
4 individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$307

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.





## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Mapleton as follows:

1 household	had weatherization work and central heating improvements completed	<i>Investment:</i> \$7,324.36
1 household	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$9,426.40
* households	had repair work completed on their home to ensure they could live safely	*
75 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$58,853.00
6 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$2,329.44
66 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$20,665.92
6 individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	\$397.32
2 individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	\$1,914.90
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

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## 2019 Report of Services for the Community of *Mars Hill*

### *By the numbers...*

**1397**

number of occasions **ACAP provided services**  
to **Mars Hill** residents in 2019

**\$168,456.13**

total invested in supporting individuals and families  
in **Mars Hill**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Mars Hill as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
1 individual	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$3,005.05
1 individual	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$3,641.41
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Mars Hill as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
1 child	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	\$11,290.32
32 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
2 children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	\$3,990.30
5 households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$1,449.40
2 households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	\$321.92

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Mars Hill as follows:

		<i>Investment:</i>
36 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$6,151.32
25 children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	\$1,317
45 children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	\$1,445
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
22 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$1,155.88
32 individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	\$1,359.00
510 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$4,080
4 individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$307

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Mars Hill as follows:

*Investment:*

*	had weatherization work and central heating improvements completed	*
3 households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$12,747.72
*	had repair work completed on their home to ensure they could live safely	*
84 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$55,400.00
5 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$1,824.81
73 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$22,857.76
1 individual	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	\$66.22
*	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
*	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

Although the overall units of service and total dollars invested figures on the front page represent the overall cumulative numbers for your community, this report does not include all of the individual programs ACAP administers that benefit your community. All of our services are reflected in our 2020 Directory of Services.





## 2019 Report of Services for the Community of *Masardis (Inc. Scopan)*

### *By the numbers...*

**57**

number of occasions **ACAP provided services**  
to **Masardis (Inc. Scopan)** residents in 2019

**\$22,669.43**

total invested in supporting individuals and families  
in **Masardis (Inc. Scopan)**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Masardis (Inc. Scopan) as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
2 individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$6,010.10
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Masardis (Inc. Scopan) as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
* children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
1 household	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$289.90
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Masardis (Inc. Scopan) as follows:

		<i>Investment:</i>
4 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$683.48
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.08
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
12 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$96
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Masardis (Inc. Scopan) as follows:

*Investment:*

* households	had weatherization work and central heating improvements completed	*
* households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	*
* households	had repair work completed on their home to ensure they could live safely	*
12 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$11,875.00
2 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$430.67
10 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$3,131.20
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

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## By the numbers...

**43**

number of occasions **ACAP** provided services to **Merrill** residents in 2019

**\$55,355.80**

total invested in supporting individuals and families in **Merrill** between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Merrill as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*





## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Merrill as follows:

2 families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	<i>Investment:</i> \$26,580.00
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
2 children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	\$6,162.00
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
4 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	\$6,162.00

## WHOLE FAMILY & INTERVENTION SERVICES

* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	<i>Investment:</i> *
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Merrill as follows:

5 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	<i>Investment:</i> \$854.35
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.08
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Merrill as follows:

*Investment:*

* households	had weatherization work and central heating improvements completed	*
1 household	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$396.55
* households	had repair work completed on their home to ensure they could live safely	*
12 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$13,053.00
3 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$1,199.38
12 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$3,757.44
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

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## 2019 Report of Services for the Community of *Monticello*

### *By the numbers...*

**159**

number of occasions **ACAP provided services** to **Monticello** residents in 2019

**\$116,798.40**

total invested in supporting individuals and families in **Monticello** between October 1, 2018 and September 30, 2019

## **ECONOMIC DEVELOPMENT**

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Monticello as follows:

1 individual	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	<i>Investment:</i> \$2,840.41
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
1 individual	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$3,641.41
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Monticello as follows:

1 family	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	<i>Investment:</i> \$13,290.00
1 family	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	\$13,484.00
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
7 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	<i>Investment:</i> *
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*



# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Monticello as follows:

		<i>Investment:</i>
11 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$1,879.57
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.08
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
26 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$208
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Monticello as follows:

1 household	had weatherization work and central heating improvements completed	<i>Investment:</i> \$2,835.50
1 household	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$3,912.00
* households	had repair work completed on their home to ensure they could live safely	*
57 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$49,540.00
5 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$1,864.18
42 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$13,151.04
2 individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	\$132.44
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

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## 2019 Report of Services for the Community of *Moro Plantation*

### *By the numbers...*

**8**

number of occasions **ACAP provided services**  
to **Moro Plantation** residents in 2019

**\$1,520.81**

total invested in supporting individuals and families  
in **Moro Plantation**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Moro Plantation as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Moro Plantation as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
* children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Moro Plantation as follows:

		<i>Investment:</i>
3 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$512.61
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.08
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
1 individual	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$77

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.





## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Moro Plantation as follows:

*Investment:*

* households	had weatherization work and central heating improvements completed	*
* households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	*
* households	had repair work completed on their home to ensure they could live safely	*
1 household	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$513.00
* households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	*
1 household	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$313.12
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

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## 2019 Report of Services for the Community of *Nashville Plantation*

### *By the numbers...*

**5**

number of occasions **ACAP provided services**  
to **Nashville Plantation** residents in 2019

**\$1,503.20**

total invested in supporting individuals and families  
in **Nashville Plantation**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure  
employment and partnering with Business to support  
their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Nashville Plantation as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Nashville Plantation as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
* children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Nashville Plantation as follows:

		<i>Investment:</i>
0 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$ .00
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.08
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Nashville Plantation as follows:

*Investment:*

* households	had weatherization work and central heating improvements completed	*
* households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	*
* households	had repair work completed on their home to ensure they could live safely	*
2 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$1,085.00
* households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	*
1 household	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$313.12
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

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## By the numbers...

**39**

number of occasions **ACAP provided services**  
to **New Canada (Inc. Daigle)** residents in 2019

**\$40,572.01**

total invested in supporting individuals and families  
in **New Canada (Inc. Daigle)**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served New Canada (Inc. Daigle) as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served New Canada (Inc. Daigle) as follows:

		<i>Investment:</i>
1 family	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	\$13,290.00
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
5 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
1 children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	\$1,995.15
1 household	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$165.80
2 households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	\$321.92

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served New Canada (Inc. Daigle) as follows:

		<i>Investment:</i>
0 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$ .00
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.08
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served New Canada (Inc. Daigle) as follows:

*Investment:*

*	had weatherization work and central heating improvements completed	*
1 household	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$597.13
*	had repair work completed on their home to ensure they could live safely	*
12 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$15,637.00
3 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$955.61
11 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$3,444.32
*	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
*	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*
households		

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## By the numbers...

**56**

number of occasions **ACAP provided services**  
to **New Limerick** residents in 2019

**\$28,295.03**

total invested in supporting individuals and families  
in **New Limerick**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served New Limerick as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*





## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served New Limerick as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
9 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served New Limerick as follows:

		<i>Investment:</i>
8 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$1,366.96
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.08
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served New Limerick as follows:

*Investment:*

* households	had weatherization work and central heating improvements completed	*
1 household	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$95.00
* households	had repair work completed on their home to ensure they could live safely	*
18 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$14,374.00
* households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	*
12 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$3,757.44
5 individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	\$331.10
1 individual	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	\$957.45
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

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## 2019 Report of Services for the Community of New Sweden

### By the numbers...

**154**

number of occasions **ACAP provided services**  
to **New Sweden** residents in 2019

**\$155,775.13**

total invested in supporting individuals and families  
in **New Sweden**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served New Sweden as follows:

		<i>Investment:</i>
1 individual	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$2,840.41
1 individual	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$3,005.05
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served New Sweden as follows:

1 family	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	<i>Investment:</i> \$13,290.00
2 families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	\$26,968.00
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
1 child	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	\$11,290.32
3 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

1 children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	<i>Investment:</i> \$1,995.15
2 households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$572.80
1 household	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	\$160.96



# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served New Sweden as follows:

		<i>Investment:</i>
19 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$3,246.53
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.08
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
12 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$96
1 individual	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$77

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served New Sweden as follows:

		<i>Investment:</i>
1 household	had weatherization work and central heating improvements completed	\$7,417.66
1 household	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$264.42
1 household	had repair work completed on their home to ensure they could live safely	\$17,240.00
51 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$45,714.00
1 household	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$399.11
48 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$15,029.76
3 individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	\$264.88
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

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***Please note:***

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# 2019 Report of Services for the Community of Oakfield

## By the numbers...

**139**

number of occasions **ACAP** provided services to **Oakfield** residents in 2019

**\$211,782.08**

total invested in supporting individuals and families in **Oakfield** between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Oakfield as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Oakfield as follows:

10 families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	<i>Investment:</i> \$132,900.00
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
6 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	<i>Investment:</i> *
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Oakfield as follows:

		<i>Investment:</i>
14 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$2,392.18
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.08
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
4 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$32
1 individual	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$77

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.





## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Oakfield as follows:

1 household	had weatherization work and central heating improvements completed	<i>Investment:</i> \$4,807.96
2 households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$9,679.03
* households	had repair work completed on their home to ensure they could live safely	*
53 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$41,541.00
4 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$1,587.26
40 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$12,524.80
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
1 individual	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	\$957.45
1 household	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	\$306.32

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

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## 2019 Report of Services for the Community of ***Orient***

### ***By the numbers...***

**38**

number of occasions **ACAP** provided services  
to **Orient** residents in 2019

**\$60,304.18**

total invested in supporting individuals and families  
in **Orient**  
between October 1, 2018 and September 30, 2019

## **ECONOMIC DEVELOPMENT**

***Helping people gain Skills and Training to secure  
employment and partnering with Business to support  
their needs...***



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Orient as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
1 individual	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$3,005.05
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Orient as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
* children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Orient as follows:

2 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	<i>Investment:</i> \$341.74
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.08
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Orient as follows:

*Investment:*

*	had weatherization work and central heating improvements completed	*
1 household	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$4,164.10
1 household	had repair work completed on their home to ensure they could live safely	\$22,290.00
14 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$15,637.00
2 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$800.00
12 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$3,757.44
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

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# 2019 Report of Services for the Community of Oxbow Plantation

## By the numbers...

8

number of occasions **ACAP provided services**  
to **Oxbow Plantation** residents in 2019

**\$2,849.20**

total invested in supporting individuals and families  
in **Oxbow Plantation**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Oxbow Plantation as follows:

		Investment:
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Oxbow Plantation as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
* children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Oxbow Plantation as follows:

		<i>Investment:</i>
0 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$ .00
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.08
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
2 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$16
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Oxbow Plantation as follows:

*Investment:*

* households	had weatherization work and central heating improvements completed	*
* households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	*
* households	had repair work completed on their home to ensure they could live safely	*
3 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$2,415.00
* households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	*
1 household	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$313.12
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

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## 2019 Report of Services for the Community of *Perham*

### *By the numbers...*

**86**

number of occasions **ACAP** provided services  
to **Perham** residents in 2019

**\$49,088.94**

total invested in supporting individuals and families  
in **Perham**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure  
employment and partnering with Business to support  
their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Perham as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*





## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Perham as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
1 child	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	\$3,081.00
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
2 child	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	\$3,081.00

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
1 household	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$284.90
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Perham as follows:

		<i>Investment:</i>
8 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$1,366.96
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.00
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
12 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$96
2 individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$153

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Perham as follows:

1 household	had weatherization work and central heating improvements completed	<i>Investment:</i> \$4,654.19
2 households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$405.34
* households	had repair work completed on their home to ensure they could live safely	*
27 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$28,234.00
2 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$792.90
23 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$7,201.76
2 individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	\$132.44
1 individual	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	\$957.45
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

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# 2019 Report of Services for the Community of Portage

## By the numbers...

87

number of occasions **ACAP provided services**  
to **Portage** residents in 2019

\$42,122.52

total invested in supporting individuals and families  
in **Portage**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Portage as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Portage as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
5 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
1 children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	\$1,995.15
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*



# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Portage as follows:

4 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	<i>Investment:</i> \$683.48
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
16 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$840.64
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
2 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$16
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Portage as follows:

*Investment:*

* households	had weatherization work and central heating improvements completed	*
* households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	*
* households	had repair work completed on their home to ensure they could live safely	*
21 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$26,049.00
4 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$1,423.79
20 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$6,262.40
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
1 household	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	\$282.56

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## 2019 Report of Services for the Community of *Presque Isle*

### *By the numbers...*

**11069**

number of occasions **ACAP provided services**  
to **Presque Isle** residents in 2019

**\$2,806,793.91**

total invested in supporting individuals and families  
in **Presque Isle**  
between October 1, 2018 and September 30, 2019

## **ECONOMIC DEVELOPMENT**

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Presque Isle as follows:

		<i>Investment:</i>
22 individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$62,489.04
27 individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$81,136.90
3 individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$10,924.39
18 women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	\$89,820.00

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Presque Isle as follows:

49 families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	<i>Investment:</i> \$651,210.00
37 families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	\$498,908.00
29 children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	\$89,349.00
17 children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	\$191,935.44
55 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	\$89,349.00

## WHOLE FAMILY & INTERVENTION SERVICES

47 children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	<i>Investment:</i> \$93,772.05
21 households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$5,616.00
42 households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	\$6,760.40

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Presque Isle as follows:

		<i>Investment:</i>
324 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$55,361.88
333 children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	\$17,546
96 children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	\$3,082
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
988 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$51,909.52
2057 individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	\$87,381.00
2287 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$18,296
41 individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$3,142

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.





## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Presque Isle as follows:

4 households	had weatherization work and central heating improvements completed	<i>Investment:</i> \$28,037.12
15 households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$8,966.45
6 households	had repair work completed on their home to ensure they could live safely	\$133,555.00
558 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$341,639.00
29 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$10,494.20
356 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$111,470.72
36 individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	\$2,383.92
5 individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	\$4,787.25
3 households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	\$757.92

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

Although the overall units of service and total dollars invested figures on the front page represent the overall cumulative numbers for your community, this report does not include all of the individual programs ACAP administers that benefit your community. All of our services are reflected in our 2020 Directory of Services.



## 2019 Report of Services for the Community of *Reed Plantation*

### *By the numbers...*

**32**

number of occasions **ACAP provided services**  
to **Reed Plantation** residents in 2019

**\$18,256.55**

total invested in supporting individuals and families  
in **Reed Plantation**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Reed Plantation as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Reed Plantation as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
* children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Reed Plantation as follows:

		<i>Investment:</i>
0 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$ .00
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.00
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Reed Plantation as follows:

*Investment:*

* households	had weatherization work and central heating improvements completed	*
1 household	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$399.00
* households	had repair work completed on their home to ensure they could live safely	*
14 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$12,882.00
2 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$799.99
13 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$4,070.56
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

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## 2019 Report of Services for the Community of *St. Agatha*

### *By the numbers...*

**259**

number of occasions **ACAP provided services**  
to **St. Agatha** residents in 2019

**\$51,327.48**

total invested in supporting individuals and families  
in **St. Agatha**  
between October 1, 2018 and September 30, 2019

## **ECONOMIC DEVELOPMENT**

*Helping people gain Skills and Training to secure  
employment and partnering with Business to support  
their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served St. Agatha as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
1 individual	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$3,641.41
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served St. Agatha as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
* children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
1 household	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	\$160.96

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served St. Agatha as follows:

		<i>Investment:</i>
15 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$2,563.05
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.00
17 individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	\$722.00
45 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$360
2 individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$153

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served St. Agatha as follows:

		<i>Investment:</i>
1 household	had weatherization work and central heating improvements completed	\$5,110.57
1 household	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$111.37
* households	had repair work completed on their home to ensure they could live safely	*
46 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$29,129.00
3 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$1,199.74
24 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$7,514.88
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

Although the overall units of service and total dollars invested figures on the front page represent the overall cumulative numbers for your community, this report does not include all of the individual programs ACAP administers that benefit your community. All of our services are reflected in our 2020 Directory of Services.



## 2019 Report of Services for the Community of *St. Francis*

### *By the numbers...*

**133**

number of occasions **ACAP provided services**  
to **St. Francis** residents in 2019

**\$71,077.83**

total invested in supporting individuals and families  
in **St. Francis**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure  
employment and partnering with Business to support  
their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served St. Francis as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*





## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served St. Francis as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
4 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
2 households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$565.80
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served St. Francis as follows:

14 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	<i>Investment:</i> \$2,392.18
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.00
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
1 individual	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$77

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served St. Francis as follows:

1 household	had weatherization work and central heating improvements completed	<i>Investment:</i> \$5,206.81
3 households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$771.69
* households	had repair work completed on their home to ensure they could live safely	*
55 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$42,755.00
7 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$2,425.97
43 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$13,464.16
1 individual	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	\$66.22
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

Although the overall units of service and total dollars invested figures on the front page represent the overall cumulative numbers for your community, this report does not include all of the individual programs ACAP administers that benefit your community. All of our services are reflected in our 2020 Directory of Services.



## 2019 Report of Services for the Community of *St. John*

### *By the numbers...*

**73**

number of occasions **ACAP provided services**  
to **St. John** residents in 2019

**\$60,560.75**

total invested in supporting individuals and families  
in **St. John**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served St. John as follows:

		<i>Investment:</i>
1 individual	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$2,840.41
1 individual	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$3,005.05
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served St. John as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
3 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
1 children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	\$1,995.15
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*



# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served St. John as follows:

7 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	<i>Investment:</i> \$1,196.09
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.00
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served St. John as follows:

2 households	had weatherization work and central heating improvements completed	<i>Investment:</i> \$8,728.91
2 households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$3,856.85
* households	had repair work completed on their home to ensure they could live safely	*
29 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$24,959.00
3 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$1,037.77
21 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$6,575.52
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

Although the overall units of service and total dollars invested figures on the front page represent the overall cumulative numbers for your community, this report does not include all of the individual programs ACAP administers that benefit your community. All of our services are reflected in our 2020 Directory of Services.



## 2019 Report of Services for the Community of **Sherman** *(Sherman Mills/Silver Ridge/Sherman Stn)*

### *By the numbers...*

**184**

number of occasions **ACAP provided services** to **Sherman (Sherman Mills/Silver Ridge/Sherman Stn)** residents in 2019

**\$118,848.67**

total invested in supporting individuals and families in **Sherman (Sherman Mills/Silver Ridge/Sherman Stn)** between October 1, 2018 and September 30, 2019

## **ECONOMIC DEVELOPMENT**

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Sherman (Sherman Mills/Silver Ridge/Sherman Stn) as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
1 individual	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$3,005.05
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Sherman (Sherman Mills/Silver Ridge/Sherman Stn) as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
15 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Sherman (Sherman Mills/Silver Ridge/Sherman Stn) as follows:

45 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	<i>Investment:</i> \$7,689.15
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
0 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$ .00
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
2 individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$153

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.





## ENERGY & HOUSING

### *Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...*

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Sherman (Sherman Mills/Silver Ridge/Sherman Stn) as follows:

		<i>Investment:</i>
*	had weatherization work and central heating improvements completed	*
3 households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$11,139.46
*	had repair work completed on their home to ensure they could live safely	*
56 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$56,905.00
4 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$1,441.19
55 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$17,221.60
*	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
1 individual	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	\$957.45
*	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

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## By the numbers...

**62**

number of occasions **ACAP** provided services to **Sinclair** residents in 2019

**\$84,718.95**

total invested in supporting individuals and families in **Sinclair** between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Sinclair as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Sinclair as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
* children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
1 children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	\$1,995.15
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Sinclair as follows:

		<i>Investment:</i>
0 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$ .00
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.08
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Sinclair as follows:

		<i>Investment:</i>
1 household	had weatherization work and central heating improvements completed	\$9,468.92
1 household	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$227.42
2 households	had repair work completed on their home to ensure they could live safely	\$34,754.00
30 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$30,497.00
* households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	*
24 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$7,514.88
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

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## 2019 Report of Services for the Community of *Smyrna (Inc. Smyrna Mills, Knowles Cnr.)*

### *By the numbers...*

**60**

number of occasions **ACAP provided services** to **Smyrna (Inc. Smyrna Mills, Knowles Cnr.)** residents in 2019

**\$104,565.24**

total invested in supporting individuals and families in **Smyrna (Inc. Smyrna Mills, Knowles Cnr.)** between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Smyrna (Inc. Smyrna Mills, Knowles Cnr.) as follows:

1 individual	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	<i>Investment:</i> \$2,840.41
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Smyrna (Inc. Smyrna Mills, Knowles Cnr.) as follows:

4 families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	<i>Investment:</i> \$53,160.00
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
* children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	<i>Investment:</i> *
3 households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$877.62
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Smyrna (Inc. Smyrna Mills, Knowles Cnr.) as follows:

		<i>Investment:</i>
7 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$1,196.09
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.08
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Smyrna (Inc. Smyrna Mills, Knowles Cnr.) as follows:

		<i>Investment:</i>
*	had weatherization work and central heating improvements completed	*
1 household	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$3,410.00
1 household	had repair work completed on their home to ensure they could live safely	\$14,383.00
21 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$21,299.00
1 household	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$303.00
16 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$5,009.92
1 individual	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	\$66.22
2 individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	\$1,914.90
*	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

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## By the numbers...

**65**

number of occasions **ACAP provided services**  
to **Stockholm** residents in 2019

**\$50,766.93**

total invested in supporting individuals and families  
in **Stockholm**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Stockholm as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*





## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Stockholm as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
* children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
1 household	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$284.90
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Stockholm as follows:

2 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	<i>Investment:</i> \$342.00
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.08
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Stockholm as follows:

1 household	had weatherization work and central heating improvements completed	<i>Investment:</i> \$6,493.22
4 households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$2,334.84
* households	had repair work completed on their home to ensure they could live safely	*
28 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$32,889.00
4 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$1,363.03
22 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$6,888.64
1 individual	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	\$66.22
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

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## 2019 Report of Services for the Community of *Van Buren (Inc. Keegan)*

### *By the numbers...*

**1921**

number of occasions **ACAP provided services**  
to **Van Buren (Inc. Keegan)** residents in 2019

**\$400,012.18**

total invested in supporting individuals and families  
in **Van Buren (Inc. Keegan)**  
between October 1, 2018 and September 30, 2019

### **ECONOMIC DEVELOPMENT**

*Helping people gain Skills and Training to secure  
employment and partnering with Business to support  
their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Van Buren (Inc. Keegan) as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Van Buren (Inc. Keegan) as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
4 families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	\$53,936.00
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
14 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
3 children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	\$5,985.45
8 households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$2,003.40
2 households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	\$321.92



# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Van Buren (Inc. Keegan) as follows:

		<i>Investment:</i>
69 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$11,790.03
22 children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	\$1,159
117 children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	\$3,756
10 individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	\$3,343
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.08
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
650 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$5,200
5 individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$383

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Van Buren (Inc. Keegan) as follows:

*Investment:*

3 households	had weatherization work and central heating improvements completed	\$14,611.82
14 households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$29,088.18
1 household	had repair work completed on their home to ensure they could live safely	\$11,850.00
266 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$177,697.00
18 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$6,541.22
160 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$50,099.20
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

Although the overall units of service and total dollars invested figures on the front page represent the overall cumulative numbers for your community, this report does not include all of the individual programs ACAP administers that benefit your community. All of our services are reflected in our 2020 Directory of Services.

## By the numbers...

**35**

number of occasions **ACAP** provided services to **Wade** residents in 2019

**\$21,495.52**

total invested in supporting individuals and families in **Wade** between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Wade as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Wade as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
3 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Wade as follows:

2 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	<i>Investment:</i> \$342.00
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.08
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
2 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$16
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.





## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Wade as follows:

*Investment:*

* households	had weatherization work and central heating improvements completed	*
* households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	*
* households	had repair work completed on their home to ensure they could live safely	*
14 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$14,839.00
* households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	*
12 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$3,757.44
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

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## 2019 Report of Services for the Community of *Wallagrass (Inc. Soldier Pond)*

### *By the numbers...*

**99**

number of occasions **ACAP provided services** to **Wallagrass (Inc. Soldier Pond)** residents in 2019

**\$73,722.12**

total invested in supporting individuals and families in **Wallagrass (Inc. Soldier Pond)** between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Wallagrass (Inc. Soldier Pond) as follows:

		<i>Investment:</i>
1 individual	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$2,840.41
1 individual	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$3,005.05
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Wallagrass (Inc. Soldier Pond) as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
14 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
1 children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	\$1,995.15
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Wallagrass (Inc. Soldier Pond) as follows:

		<i>Investment:</i>
11 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$1,880.00
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.08
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
4 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$32
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

### *Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...*

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Wallagrass (Inc. Soldier Pond) as follows:

		<i>Investment:</i>
* households	had weatherization work and central heating improvements completed	*
* households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	*
1 household	had repair work completed on their home to ensure they could live safely	\$13,596.00
31 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$28,975.00
2 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$712.51
29 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$9,080.48
2 individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	\$132.44
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

**Please note:**

Although the overall units of service and total dollars invested figures on the front page represent the overall cumulative numbers for your community, this report does not include all of the individual programs ACAP administers that benefit your community. All of our services are reflected in our 2020 Directory of Services.





## 2019 Report of Services for the Community of **Washburn (Inc. Crouseville)**

*By the numbers...*

**1620**

number of occasions **ACAP provided services**  
to **Washburn (Inc. Crouseville)** residents in 2019

**\$336,082.32**

total invested in supporting individuals and families  
in **Washburn (Inc. Crouseville)**  
between October 1, 2018 and September 30, 2019

### ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Washburn (Inc. Crouseville) as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
2 individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$6,010.10
2 individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$7,282.82
2 women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	\$9,980.00

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Washburn (Inc. Crouseville) as follows:

3 families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	<i>Investment:</i> \$39,870.00
1 family	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	\$13,484.00
4 children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	\$12,324.00
2 children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	\$22,580.64
12 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	\$12,324.00

## WHOLE FAMILY & INTERVENTION SERVICES

4 children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	<i>Investment:</i> \$7,980.80
4 households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$1,093.70
3 households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	\$482.88

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Washburn (Inc. Crouseville) as follows:

		<i>Investment:</i>
48 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$8,201.76
19 children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	\$1,001
33 children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	\$1,059
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.08
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
590 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$4,720
4 individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$307

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Washburn (Inc. Crouseville) as follows:

		<i>Investment:</i>
1 household	had weatherization work and central heating improvements completed	\$5,936.85
7 households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$25,946.37
1 household	had repair work completed on their home to ensure they could live safely	\$2,375.00
132 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$106,363.00
10 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$3,497.07
105 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$32,877.60
4 individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	\$264.88
4 individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	\$3,829.80
1 household	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	\$260.56

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***Please note:***

Although the overall units of service and total dollars invested figures on the front page represent the overall cumulative numbers for your community, this report does not include all of the individual programs ACAP administers that benefit your community. All of our services are reflected in our 2020 Directory of Services.



# 2019 Report of Services for the Community of Westfield

## By the numbers...

**81**

number of occasions **ACAP** provided services to **Westfield** residents in 2019

**\$110,221.11**

total invested in supporting individuals and families in **Westfield** between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Westfield as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
1 individual	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$3,005.05
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*





## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Westfield as follows:

2 families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	<i>Investment:</i> \$26,580.00
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
1 child	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	\$11,290.32
* children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

2 children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	<i>Investment:</i> \$3,990.30
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Westfield as follows:

2 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	<i>Investment:</i> \$342.00
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.08
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
8 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$64
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Westfield as follows:

*Investment:*

*	had weatherization work and central heating improvements completed	*
2 households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$558.34
1 household	had repair work completed on their home to ensure they could live safely	\$25,140.00
30 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$30,117.00
3 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$877.76
25 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$7,828.00
1 individual	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	\$66.22
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
1 household	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	\$257.04

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# 2019 Report of Services for the Community of Westmanland

## By the numbers...

2

number of occasions **ACAP provided services**  
to **Westmanland** residents in 2019

**\$105.08**

total invested in supporting individuals and families  
in **Westmanland**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure  
employment and partnering with Business to support  
their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Westmanland as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Westmanland as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
* children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*



# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Westmanland as follows:

		<i>Investment:</i>
0 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$ .00
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.08
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Westmanland as follows:

*Investment:*

* households	had weatherization work and central heating improvements completed	*
* households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	*
* households	had repair work completed on their home to ensure they could live safely	*
0 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$ .00
* households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	*
0 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$ .00
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

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## By the numbers...

**47**

number of occasions **ACAP** provided services to **Weston** residents in 2019

**\$35,040.40**

total invested in supporting individuals and families in **Weston** between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Weston as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Weston as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
1 child	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	\$11,290.32
* children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Weston as follows:

6 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	<i>Investment:</i> \$1,025.22
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.08
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
1 individual	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$77

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.





## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Weston as follows:

*Investment:*

*	had weatherization work and central heating improvements completed	*
households		
*	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	*
households		
1	had repair work completed on their home to ensure they could live safely	\$816.00
household		
15	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$14,630.00
households		
6	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$2,399.98
households		
15	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$4,696.80
households		
*	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
individuals		
*	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
individuals		
*	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*
households		

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

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## 2019 Report of Services for the Community of *Winterville (Inc. Quimby)*

### *By the numbers...*

**17**

number of occasions **ACAP provided services**  
to **Winterville (Inc. Quimby)** residents in 2019

**\$15,361.80**

total invested in supporting individuals and families  
in **Winterville (Inc. Quimby)**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure  
employment and partnering with Business to support  
their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Winterville (Inc. Quimby) as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Winterville (Inc. Quimby) as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	
* children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Winterville (Inc. Quimby) as follows:

		<i>Investment:</i>
2 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$342.00
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.08
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Winterville (Inc. Quimby) as follows:

*Investment:*

* households	had weatherization work and central heating improvements completed	*
* households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	*
1 household	had repair work completed on their home to ensure they could live safely	\$8,438.00
6 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$4,598.00
* households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	*
6 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$1,878.72
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

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# 2019 Report of Services for the Community of Woodland

## By the numbers...

**315**

number of occasions **ACAP** provided services to **Woodland** residents in 2019

**\$243,798.36**

total invested in supporting individuals and families in **Woodland** between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Woodland as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
1 individual	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$3,641.41
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Woodland as follows:

3 families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	<i>Investment:</i> \$39,870.00
1 family	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	\$13,484.00
2 children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	\$6,162.00
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
4 children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	\$6,162.00

## WHOLE FAMILY & INTERVENTION SERVICES

1 children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	<i>Investment:</i> \$1,995.15
2 households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	\$230.52
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Woodland as follows:

		<i>Investment:</i>
29 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$4,955.23
3 children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	\$158
26 children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	\$835
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.08
21 individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	\$892.00
14 individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$112
3 individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$230

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Woodland as follows:

5 households	had weatherization work and central heating improvements completed	<i>Investment:</i> \$31,031.14
4 households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$2,948.80
* households	had repair work completed on their home to ensure they could live safely	*
93 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$98,061.00
10 households	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$3,495.34
89 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$27,867.68
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
1 individual	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	\$957.45
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

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# 2019 Report of Services for the Community of Wytopitlock

## By the numbers...

**10**

number of occasions **ACAP provided services**  
to **Wytopitlock** residents in 2019

**\$6,517.43**

total invested in supporting individuals and families  
in **Wytopitlock**  
between October 1, 2018 and September 30, 2019

## ECONOMIC DEVELOPMENT

*Helping people gain Skills and Training to secure employment and partnering with Business to support their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served Wytopitlock as follows:

		<i>Investment:</i>
* individuals	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* individuals	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	*
* women	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	*

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*





## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served Wypitlock as follows:

		<i>Investment:</i>
* families	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	*
* families	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	*
* children	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	*
* children	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	*
* children	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	*

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
* children	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	*
* households	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	*
* households	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	*

# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served Wypitlock as follows:

		<i>Investment:</i>
0 households	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$ .00
* children	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	*
* children	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	*
* individuals	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	*
2 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$105.08
* individuals	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	*
* individuals	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	*
* individuals	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	*

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served Wytopitlock as follows:

*Investment:*

* households	had weatherization work and central heating improvements completed	*
* households	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	*
* households	had repair work completed on their home to ensure they could live safely	*
4 households	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$5,073.00
1 household	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$399.99
3 households	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$939.36
* individuals	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	*
* individuals	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	*
* households	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	*

\*In columns throughout this report where no units of service or investment amount is noted, that specific service was not accessed by members of your community in 2019. We have included these in your report to make you aware of these services as you work with individuals and families in your communities who might benefit.

***Please note:***

Although the overall units of service and total dollars invested figures on the front page represent the overall cumulative numbers for your community, this report does not include all of the individual programs ACAP administers that benefit your community. All of our services are reflected in our 2020 Directory of Services.



## 2019 Report of Services for *Aroostook County*

### *By the numbers...*

**43726**

number of occasions **ACAP** provided services  
to residents in 2019

**\$14,157,235.51**

total invested in supporting individuals and families  
in  
between October 1, 2018 and September 30, 2019

## **ECONOMIC DEVELOPMENT**

*Helping people gain Skills and Training to secure  
employment and partnering with Business to support  
their needs...*



ACAP Economic Development serves job seekers and employers County-wide. Individuals, who are looking for a first job, a next job, a better job, or a whole new career, meet with individual Career Counselors to help them plan their next steps. Local employers looking to attract and retain more skilled workers can access technical and funding assistance to support on-the-job trainings and formal apprenticeships.

In 2019, ACAP Economic Development served as follows:

		<i>Investment:</i>
78	(age 16-24) were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$221,552.00
69	were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$207,349.00
24	who lost their jobs were provided assistance to train for future employment through Workforce Innovation Opportunity Act Funds	\$87,394.00
41	were assisted through the Women in Apprenticeships and Non-Traditional Occupations (WANTO) Program	\$204,592.00

*For 47 years, the Aroostook County Action Program has been providing services and resources that help individuals and families to achieve greater economic independence.*



## EARLY CARE & EDUCATION

***Providing Early Care and Education Services to Families to Ensure County Children get a Great Head Start in Life...***

ACAP Early Care and Education Programs provide families with comprehensive and affordable high quality prenatal, infant, toddler and preschool education and child development services.

In 2019, ACAP Early Care and Education Programs served as follows:

		<i>Investment:</i>
208	with children ages three and four received comprehensive Head Start services through a licensed ACAP Early Care and Education Center	\$2,764,232
108	participated in ACAP's Early Head Start program that provides comprehensive child development services, prenatally through age three, at ACAP Early Care and Education Centers and in homes across The County	\$1,456,275
99	were enrolled in ACAP's Child Care Program which provides child care from infancy to six years of age to children through our State of Maine Level 4 Quality Rated and licensed facilities	\$305,000
62	between the ages of three and five with developmental disabilities were provided specially designed instruction and educational support through ACAP's Early Intervention Services	\$700,000.00
648	were provided with food meeting USDA nutritional guidelines at licensed childcare facilities through the Child Care Food Program	\$305,000

## WHOLE FAMILY & INTERVENTION SERVICES

		<i>Investment:</i>
152	were provided comprehensive services (coaching), including personal guidance, support and advocacy, as well as home energy reduction, financial literacy, job training, education, and assistance securing employment, among others	\$303,263.00
	otherwise not eligible for support through a Federal or State program received assistance through ACAP's Helping Hands program to get them through an emergency situation - most notably fuel to heat their homes and follow-up case management	
77	were provided assistance with numerous needs including food, shelter, financial management, referrals, navigation and other resources in time of urgent need when other supports were not available or enough	\$12,394.00



# PREVENTION AND WELLNESS

***Ensuring Community Members have access to Information and Resources to keep their families Healthy and Thriving...***



ACAP Prevention and Wellness Programs assist County residents in achieving optimum health and well-being through programs that support better nutrition, physical activity, oral health, tobacco and substance use prevention and education, and more.

In 2019, ACAP Prevention and Wellness Programs served as follows:

		<i>Investment:</i>
1888	received education and food vouchers to assist children at nutritional risk, or pregnant or nursing women. The food vouchers are redeemed at local participating grocery stores for fresh fruits and vegetables, dairy products and whole grain foods	\$322,709.89
1224	received dental sealants at no cost through ACAP's oral health program, which operates the program on-site at all County public elementary schools	\$64,493
720	were provided clinical assessments, dental cleanings, and other oral health care through ACAP's Kids Integrated Dental Services	\$23,112
98	received support and built leadership skills on issues of social justice, restorative practices, and public health through the Youth Engagement Program affiliated with the Maine Youth Action Network	\$32,760
2703 individuals	both youth and adults were provided information and assistance in preventing the initiation of tobacco use, secondhand smoke exposure in the home and workplace, and connected to smoking cessation resources	\$142,013.54
3648	received education, information or took part in programs offered in local communities to raise awareness about the impact of substance use and related public health concerns	\$154,966.00
10625	engaged in activity to raise awareness and reduce the occurrence of youth obesity, build leadership skills and support adults in engaging with youth in positive and meaningful ways	\$85,000
160	received Breastfeeding Education and Support to encourage breastfeeding as a primary source of infant nutrition	\$12,264

Altogether, 234 County residents were provided information and assistance by ACAP with Health Insurance Enrollment in the Open Marketplace through ACAP's Affordable Care Act Navigator Program. Assistance was offered at ACAP locations in Presque Isle, Houlton and Madawaska.



## ENERGY & HOUSING

***Providing Key Services for Vulnerable Community Members to Stay Safe and Warm in their Homes...***

ACAP Energy and Housing Services and Programs assist homeowners and renters with safe and energy-efficient housing needs through a variety of services and benefits to low-income households and others.

In 2019, ACAP Energy and Housing Programs served as follows:

		<i>Investment:</i>
41	had weatherization work and central heating improvements completed	\$259,831.03
163	received assistance for heating system improvements, such as cleaning, tuning, evaluation, burner retrofit, repair, replacement or conversion and above-ground storage tank replacement	\$355,585.21
39	had repair work completed on their home to ensure they could live safely	\$684,245.00
4476	received financial assistance to heat their homes through the Home Energy Assistance Program (HEAP)	\$3,470,921.84
334	received financial assistance through the Energy Crisis Intervention Program (ECIP) to obtain an emergency fuel delivery or prevent an electrical disconnect	\$119,735.88
3420	were provided assistance with their electric bill through the Low Income Assistance Program (LIAP)	\$1,070,870.40
141	took part in ACAP's 10-hour Homeownership Education Course that teaches the essentials of successful homeownership.	\$9,601.90
47	were provided with Homeownership Support Counseling because they were at risk of falling behind on their mortgage payments or facing foreclosure	\$45,000.00
	received Energy Audits completed by ACAP staff through a partnership with Emera Maine	

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***Please note:***

Although the overall units of service and total dollars invested figures on the front page represent the overall cumulative numbers for your community, this report does not include all of the individual programs ACAP administers that benefit your community. All of our services are reflected in our 2020 Directory of Services.